



Manicure Tech

Who can Enrol?

This course is for **complete beginners** and those who wants to refresh their knowledge and skills

No entry level requirements necessary. Just your desire and determination to learn and succeed.

Accreditation?

An ABT Accredited course and certificate . This also gives you a 10% discount on ABT accreditation.

After Course Support?

We offer 6 months after course support with the educator. Even after your online course has expired you can still contact the educator through the platform for after course support to through other means like Messenger.

Course Resources and Benefits?

We provide a Student Book that had all the necessary diagrams and information you will need while completing this course.

Introduction



10% OFF VOUCHER CODE

NAETIKA99

01789 773 573 | www.abtinsurance.co.uk



Is it your dream to start a new career in the beauty field?

Do you want to begin working for your dream job?

If you have been looking for the right sign here it is.

The course will contain everything you need to know with the inclusion of both theory and practice.

In this course we will cover:

- Health and safety
- Nail anatomy
- Products and Application
- Sterilisation and disinfection
- Nail disease
- How to build up a client base
- How to build up a social platform
- And much more



Your Three Options

01

Online

A fully online version where no in-person work is necessary. There is no requirement for you to travel to our education centre and complete practical work there. All assessment will be completed online and you will receive an accredited certificate as-well.

02

Online / Offline

Our unique online / offline system is where you can complete the theory portion of our course in the comfort of your own home, online and the practical portion in our academy with our highly trained educators. With our new comfortable and professional learning platform learning has never been easier. Learn at your own pace, with access to the course for 12 weeks, and also learn in the comfort of your own home.

03

Off-line

A fully offline course is where all theory and practical aspects are held in our academy. This is only by individual request. (1-1)

With top of the art classrooms for every separate area, that hold the newest equipment and offer a unique approach for every student for their unique working style. Our educators are ready and willing to meet you, with their long list of experience and knowledge as well as awards.

4 Techniques



Combined Manicure

E-File + Scissors

This manicure is for the perfectionists and those who want an immaculately clean cuticle. This will accelerate your the speed of your performance while still maintaining the quality

E-File Manicure

E-File Only

This manicure is for those who are afraid of sharp objects. While also slowing the regeneration process of the cuticle and leaving a smooth, polished finish on the skin



Classic Manicure

Manual + Cuticle cutters

This manicure is perfect for the clients who stand by the classic technique, this is an Eco-manicure. Also perfect for male clients and is safe and gentle which allows it to be kid friendly.



Russian Manicure

E-File Only

This manicure is where the cuticle is removed using an e-file with specialised drill bits. This is a gentle nail treatment, the e-file delicately exfoliates the proximal fold to leave an aesthetically pleasing look.



Course Duration

In class - 5 days
Online - 3 month access
(Practical hours- 40)
(Theoretical hours- 6)

- Learning platform: <https://www.naetika4u.com>
- Lessons: 47
- Access: 12 weeks (3 Months)

High quality recorded lessons and interactive training. Take part in homework's, quizzes and games. You can enrol at any time and start the course immediately.

Please be aware that the 1st lesson is an Enrolment Form, once you complete this the tutor is required to grade the provided information and prepare all necessary documents for your certification.

These are also the details used to send out your student book. It may take up to 3 working days. You will get notification when this lesson will be graded by email. (Please check spam if you have not received this on your inbox)

Zoom

Your assessment will be complete throughout the program “Zoom”. You will have to perform a Zoom Assessment on all 4 techniques. Do not worry if you have now used zoom before there will be a test before the first assessment and a document showcasing all that you will need to do.

You will need to message your educator as soon as you start the course to book a date, if you don't do this at the earliest point possible the date you require may already be booked.

You will still receive a fully accredited certificate. This option is popular for those who are not able to or do not wish to travel to our academy.



What will be included in the online course?

01	02	03	04	05	06	07	08	09	10	11	12	13	14	15	16	17
Important Information.	Greetings	Course content	Homework Guidance	Theory block No.1 Anatomy of the nail plate.	Layers of the nail plate	Types of nail plates	Cuticle types	Theory Block No.1 Exam	Theory block No. 2 What do we need? Equipment	Clients Form	Products for Nails and Skin	Gel Polish System	Tools	Consumables	Disinfection and Sterilization	Diseases of the skin and nails
<div><div></div><div>Announcement 1 questions ✓</div><div>Enrolment Form ✓</div><div>Confirm 1 questions ✓</div></div>	<div><div></div><div>Greetings 03:17 ✓</div></div>	<div><div></div><div>Course structure 02:35 ✓</div><div>Warning! 0 Pages ✓</div><div>Student book 01:31 ✓</div></div>	<div><div></div><div>Homework Guidance 2 Pages ✓</div><div>Homework Guidance Video 01:22 ✓</div><div>Hand Poses 0 Pages</div><div>How to Hold the Client 00:55 ✓</div><div>Anatomy 11 questions ✓</div></div>	<div><div></div><div>Fingernail Structure 0 Pages ✓</div><div>Anatomy 08:16 ✓</div><div>Anatomy 11 questions ✓</div></div>	<div><div></div><div>How Nails Grow? 0 Pages ✓</div><div>Layers of the nail plate 02:37 ✓</div><div>Layers Quiz 3 questions ✓</div></div>	<div><div></div><div>Natural Nail Types 12:39 ✓</div><div>C Curves 0 Pages ✓</div><div>Nail Types Homework 1 questions</div><div>Cuticle Pocket 0 Pages ✓</div><div>Anatomy 0 Pages ✓</div><div>Cuticle Pocket Folds 0 Pages ✓</div><div>Cuticle Types 05:13 ✓</div><div>Cuticle Homework ✓</div></div>	<div><div></div><div>Cuticle Pocket 0 Pages ✓</div><div>Anatomy 0 Pages ✓</div><div>Cuticle Pocket Folds 0 Pages ✓</div><div>Cuticle Types 05:13 ✓</div><div>Cuticle Homework ✓</div></div>	<div><div></div><div>Theory Block 1 30 questions</div><div>Congratulations 0 Pages ✓</div></div>	<div><div></div><div>Theory Block 1 30 questions</div><div>Congratulations 0 Pages ✓</div></div>	<div><div></div><div>Clients Form 04:45</div><div>Data Protection Act 2018 ✓</div><div>Example Data Protection Form 0 Pages</div></div>	<div><div></div><div>Aftercare products 03:04</div></div>	<div><div></div><div>Gel polish system 04:23 ✓</div><div>Gel Polish Layers 0 Pages ✓</div></div>	<div><div></div><div>Tools 06:10 ✓</div></div>	<div><div></div><div>Consumables 06:32</div></div>	<div><div></div><div>Working safely 07:59</div><div>Stages of decontamination 06:03</div><div>Decontamination demo 04:25</div><div>Disinfection and Sterilization 23 questions ✓</div><div>Diseases and Disorders 0 Pages ✓</div><div>Contra Actions to Nail Treatment 13 Pages ✓</div><div>Diseases Exam 10 questions</div></div>	<div><div></div><div>Diseases and Disorders 0 Pages ✓</div><div>Contra Actions to Nail Treatment 13 Pages ✓</div><div>Diseases Exam 10 questions</div></div>
18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34
Practical block No. 3 Classic Manicure.	What are keratolytics?	Nail files and buffs. Types and abrasiveness.	Rules for filing the free edge of a natural nail.	Oval/Almond Shape	Square Shape	Prep Liquids	Soakable Gel Base	Properties of gel polish colours	Properties of Finish(Top) coatings.	Demonstration of Classic Manicure	Massage	Practical Block No. 4 E-file & drill bits	E-file Product Removal & Nail Prep	Service	E-File Assessment	Practical Block No.5 Combined Manicure "Flame"
<div><div></div><div>Orange stick 04:39 ✓</div><div>Sinuses 0 Pages ✓</div><div>Sensitive Area 0 Pages ✓</div><div>Pusher 02:04 ✓</div><div>Pusher 0 Pages ✓</div><div>Types of Sinuses 0 Pages ✓</div><div>Cuticle Cutters 03:35 ✓</div><div>Work with cutting tools 0 Pages ✓</div></div>	<div><div></div><div>Keratolytics 01:35 ✓</div></div>	<div><div></div><div>Files 07:09 ✓</div><div>Types of files 0 Pages ✓</div><div>Reminder 0 Pages ✓</div><div>Working area of a file 0 Pages ✓</div></div>	<div><div></div><div>Criteria 0 Pages ✓</div><div>Conversion of free edge shapes 0 Pages ✓</div><div>Placement of the file 02:55 ✓</div><div>Filing of the free edge 02:14 ✓</div><div>Buffing the nail 02:46 ✓</div><div>Hard skin removal 02:45 ✓</div></div>	<div><div></div><div>Oval Shape 06:10 ✓</div><div>Lateral Curves 0 Pages ✓</div><div>Guidelines 0 Pages ✓</div><div>Almond Bottom Rib 0 Pages ✓</div><div>Almond Narrowing 0 Pages ✓</div><div>Variations of Almond 0 Pages</div><div>Almond Scheme 0 Pages ✓</div><div>Oval Scheme 0 Pages</div></div>	<div><div></div><div>Square Shape 03:25</div><div>Distal free edge 0 Pages</div><div>Variations of Square 0 Pages ✓</div><div>Side Parallels 0 Pages</div><div>Mistakes 0 Pages</div><div>Square Scheme 0 Pages</div><div>Square Types 0 Pages</div><div>Homework/Assessment</div></div>	<div><div></div><div>Prep Liquids 09:23 ✓</div></div>	<div><div></div><div>Gel Base 02:02 ✓</div></div>	<div><div></div><div>Gel Polish Colour 03:53 ✓</div><div>Applying Gel Polish 0 Pages</div></div>	<div><div></div><div>Top Coats 04:40</div></div>	<div><div></div><div>Without application 11:21 ✓</div><div>With product application 12:02 ✓</div><div>Gel Polish application 02:34 ✓</div><div>Demo of how to soak off gel polish 02:58 ✓</div><div>Removal Scheme 0 Pages</div><div>Classic manicure 11:29 ✓</div><div>Classic manicure scissors (introduction) 10:59</div><div>Classic Manicure Homework 1 questions</div><div>Removal (Soak Off) Homework 1 questions</div></div>	<div><div></div><div>Massage 03:11 ✓</div><div>Pressure Points 0 Pages ✓</div><div>Example ✓</div></div>	<div><div></div><div>E-file 20:05 ✓</div><div>Drill Bit Alignment 0 Pages ✓</div><div>Drill Bit Scheme 0 Pages ✓</div><div>Drill Bit Abrasivness Chart 0 Pages</div><div>Speed Guide 0 Pages</div></div>	<div><div></div><div>Removal 12:20 ✓</div><div>Removal Scheme 0 Pages ✓</div><div>Removal Scheme 2 0 Pages ✓</div><div>Removal of Length 0 Pages ✓</div><div>Skin Marking 0 Pages ✓</div><div>Nail Prep 03:26 ✓</div><div>Removal Homework 1 questions</div></div>	<div><div></div><div>E-File Servicing 2 Pages ✓</div></div>	<div><div></div><div>Assessment 21 questions</div></div>	<div><div></div><div>Flame 08:41 ✓</div><div>Types of Flame 0 Pages ✓</div><div>Drill Bit "Flame" working areas 0 Pages</div></div>
35	36	37	38	39	40	41	42	43	44	45	46	47				
Scissors	Properties of natural nails.	What is alignment, strengthening and apex?	Rubber bases for strengthening and alignment.	Demonstration of Combined Manicure in depth	Polishing drill bit	Demo of Combined Manicure	Refill using e-file.	Assessment work on the Classic Manicure	Assessment work of Combined manicure (scissors)	Assessment work on the Combined Manicure (cuticle cutters)	Feedback	Certificate				
<div><div></div><div>Scissors 05:09 ✓</div><div>Nail Scissors Scheme 0 Pages</div></div>	<div><div></div><div>Natural Nail Properties 04:31</div></div>	<div><div></div><div>What is an Apex? 05:33</div><div>Mistakes in Light Reflection 0 Pages</div><div>Mistakes in Application 0 Pages ✓</div></div>	<div><div></div><div>Rubber base alignment lesson 08:15</div><div>Demonstration 02:48 ✓</div><div>Rubber base properties 11:05 ✓</div></div>	<div><div></div><div>Opening up the cuticle pocket 00:49 ✓</div><div>Pterygium Removal 02:22 ✓</div><div>Work with Pterygium 0 Pages</div><div>Errors Regarding Pterygium 0 Pages ✓</div><div>Over-filing in the cuticle area 0 Pages</div><div>Side Folds 0 Pages</div><div>Free edge shaping 01:50 ✓</div><div>Left side fold 01:44 ✓</div><div>Right side fold 02:14 ✓</div><div>Cutting the cuticle 00:52 ✓</div><div>Nail Prep 00:33 ✓</div><div>Nail alignment 02:48 ✓</div><div>Colour application 03:37</div><div>Removal of Pterygium 0 Pages</div></div>	<div><div></div><div>Polishing the cuticle cut with silicone drill bit 01:34 ✓</div><div>Polishing the area cut 0 Pages</div><div>Functions of polishing drill bit 0 Pages</div><div>Polishing the cuticle cut with diamond drill bit "Ball" 01:13</div><div>Ball drill bit 0 Pages</div><div>Important!!! Polishing the cuticle cut before colour application. 01:55</div></div>	<div><div></div><div>Combined manicure practice 1 21:05 ✓</div><div>Combined manicure practice 2 23:12 ✓</div><div>Combined manicure practice 3 12:26 ✓</div></div>	<div><div></div><div>Base correction 02:30 ✓</div><div>Base Correction 0 Pages ✓</div><div>Refill demonstration with Combined manicure 14:46</div><div>Refill demonstration with Classic manicure 10:19 ✓</div><div>Refill using Rubber Base over Hard Gel 14:23</div><div>Refill Homework</div></div>	<div><div></div><div>Client Consultation 0 Pages</div><div>Classic Manicure Home Work using cuticle cutters</div><div>Assessment 1</div></div>	<div><div></div><div>Combined Manicure Home Work using scissors</div><div>Assessment 2</div></div>	<div><div></div><div>Combined Manicure Home Work using cuticle cutters</div><div>Assessment 3</div></div>	<div><div></div><div>Please Leave your Feedback about the Course 1 questions</div></div>	<div><div></div><div>Manicure Tech Certificate</div></div>				

With this option you will have 3 months to complete your theory course online. You will buy the course online for the price of £350 and then pay an extra £350 for the 5 days spent offline in our academy, this can either be done by bank transfer (just ask your educator for details) or cash once you have come to our academy.

This is a very popular choice in our academy as it means you can learn the theory at your own pace at home, making sure you understand everything, and then spend all hours at our academy on practical work. It makes sure that we can give our students the maximum amount of practical work without the need to go over theory again.

The theoretical part must be completed and submitted to your educator before coming to practical part. The student book must also be fully filled in and brought along with you. If the theory is not completed before the date of your practical lessons an extra charge of £150 must be paid to book a date again!

On the day:

Day 1 - Classic Manicure

10am

- Q&A quick verbal test
- Tools and Products overview.
- Filling out a client card

11am

- 1st Model - classic manicure will be performed using manual tools:
 - Cuticle cutters
 - Different grit files
 - Cuticle remover
- We will learn how to polish the skin and natural nail plate using buffers with or without oil depending on the skin and cuticle type. With or without colour application. The treatment will be completed with relaxing massage.

13:30pm

- 2nd model - classic manicure will be performed using manual tools:
 - Scissors
 - Cuticle remover
- We will learn manual nail preparation of the natural nail and neat colour application.
- How to take a selling photos
- Demo of tool cleaning.
- Q&A

Start - 10am
Finish - 18pm
Lunch break - 13pm

Day 2 - Combined Manicure / E-file Technique

10am

- Q&A quick verbal test
- Tools and Products overview.
- Filling out a client card

11am

- 1st Model - combined manicure will be performed by using an efile
- We will pay closer attention to the drill bits angle and hand position.
- We will go through step by step to make sure the student feels confident and safe.
- We will perform product removal, length removal and natural nail removal from underneath.
- We will perform the cuticle cut using scissors and cuticle polishing using different techniques.
- Rubber base alignment.
- Colour application very close to cuticle line.

13:30pm

- 2nd model
- Work place cleaning.
- Tool preparation for tomorrow's work.
- Q&A



Day 3 - Russian Manicure Beginners

10am

- Q&A quick verbal test
- Tools and Products overview.
- Filling out a client card

11am

- 1st Model - Russian manicure will be performed by using efile
- We will pay closer attention to the drill bits angle and hand position.
- We will go through step by step to make sure the student feel confident and safe.
- We will perform cuticle cut using scissors or drill bit ball and cuticle polishing using different techniques.
- Rubber base alignment.
- Colour application very close to cuticle line.

13:30pm

- 2nd model
- Work place cleaning.
- Tool preparation for tomorrow's work.
- Q&A

Day 4 - **Fix it / Refill**

10am

- Q&A quick verbal test
- Tools and Products overview.
- Filling out a client card

11am

- 1st Model - Russian manicure will be performed by using efile
- We will pay closer attention to the drill bits angle and hand position.
- We will go through step by step to make sure the student feel confident and safe.
- We will perform cuticle cut, using any tool you choose, and cuticle polishing using different techniques.
- Milky rubber base alignment.
- Pastel colour application.

13:30pm

- 2nd Model
- Assessment work
- Neat cuticle work, cover base alignment with french tip design.
- Work place cleaning.
- Tool preparation for next days work.
- Q&A

Day 5 - **Thin Lines**

10am

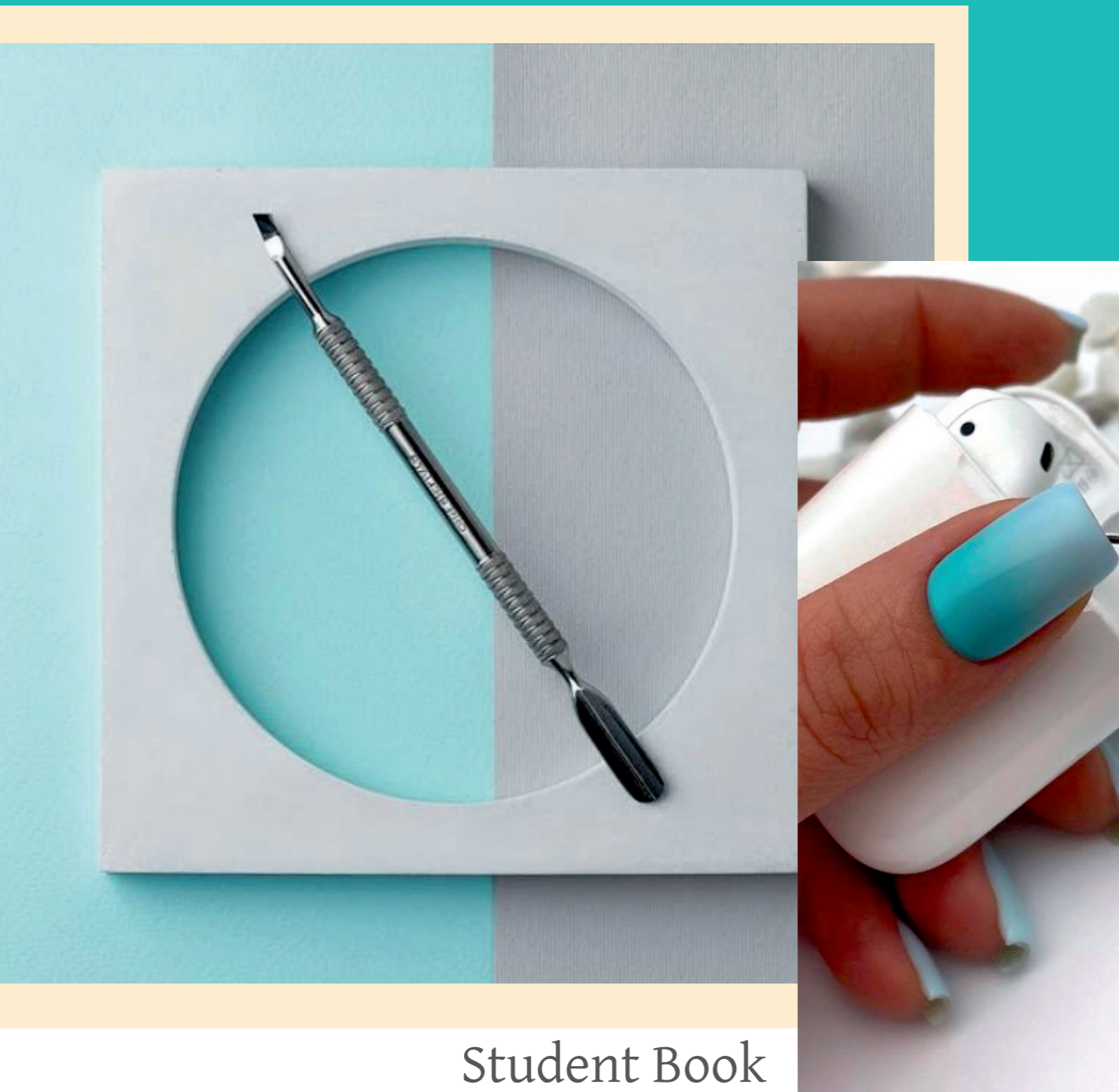
- Q&A quick verbal test
- Tools and Products overview.
- Filling out a client card

11am

- Practical work on training cards

13:30pm

- Practical work on plastic tips
- Drawing french assessment
- Work place cleaning.
- Q&A



Student Book

Manicure Tech

1ST EDITION

Student Book

A physical copy of your student book will be sent out to your address as soon as you fill out the enrolment form. This includes many diagrams and descriptions which go alongside your online course. You should fill this book out while watching the course, this should then be brought to your practical lessons (if you have chosen option 2). Keep this book safe and use it to its full ability as this will be a massive help the first few months of working as it will allow you to quickly look back at your notes, that are all compiled in one place.

Where can I get tools or products?

The tools or products starter kits available on our website www.naetika4u.co.Uk with 15% discount for our students (included in the price).

We have 2 different starter kits for the course “Manicure Tech”. One consist entirely of products the other of tools.

Manicure Tech Product Starter Kit (£76.92 with 15% discount included)

SKU: Mtp/011

Siller Professional Student Starter Kit

- Contain all products what need Nail technician to start practice of work on clients.
- Suites all nail types
- Supports Russian manicure, Combined manicure or Classic manicure techniques.

Manicure Tech Student Tool Kit (£84.85 with 15% discount included)

SKU: mtstk-01

The Manicure Tech student tools kit contains:

- Staleks Scissors 20mm Classic 10 Type
- Cuticle cutters 5mm blade size
- 3x Orange sticks
- Pusher Naetika
- Staleks metal rectangle base Expert20
- -80 grit Dougnut
- Blunt diamond drill bit "Flame" 2.0mm red band
- Sharp diamond drill bit "Flame" 2.3mm red band



FAQ

Will you have the option to change from an online course to off-line?

Yes, if you had been enrolled into the online course only, you can ask for a in class assessment or session, just bear in mind that it is a 5 days course in our academy and extra charge (£350) will be applied.

If you had been enrolled onto the online/offline course and decided to complete the course only online, you can do so just bear in mind that you still need to pay the remaining balance of £250 because you have already paid a £100 deposit beforehand. This means that your assessment will be carried out via Zoom.

Will I need to bring my model on the day of the course?

Yes, if you wish to do so. However this is not necessary as the academy already provides models if it is possible to do so.

Will I be able to rearrange the course date?

Yes, but you will be asked to pay a rearrangement fee £100.

Will I get an invoice for my bookkeeping?

Yes, it will be sent to your email.

What is the cost of the course?

Online course £350 www.naetika4u.com

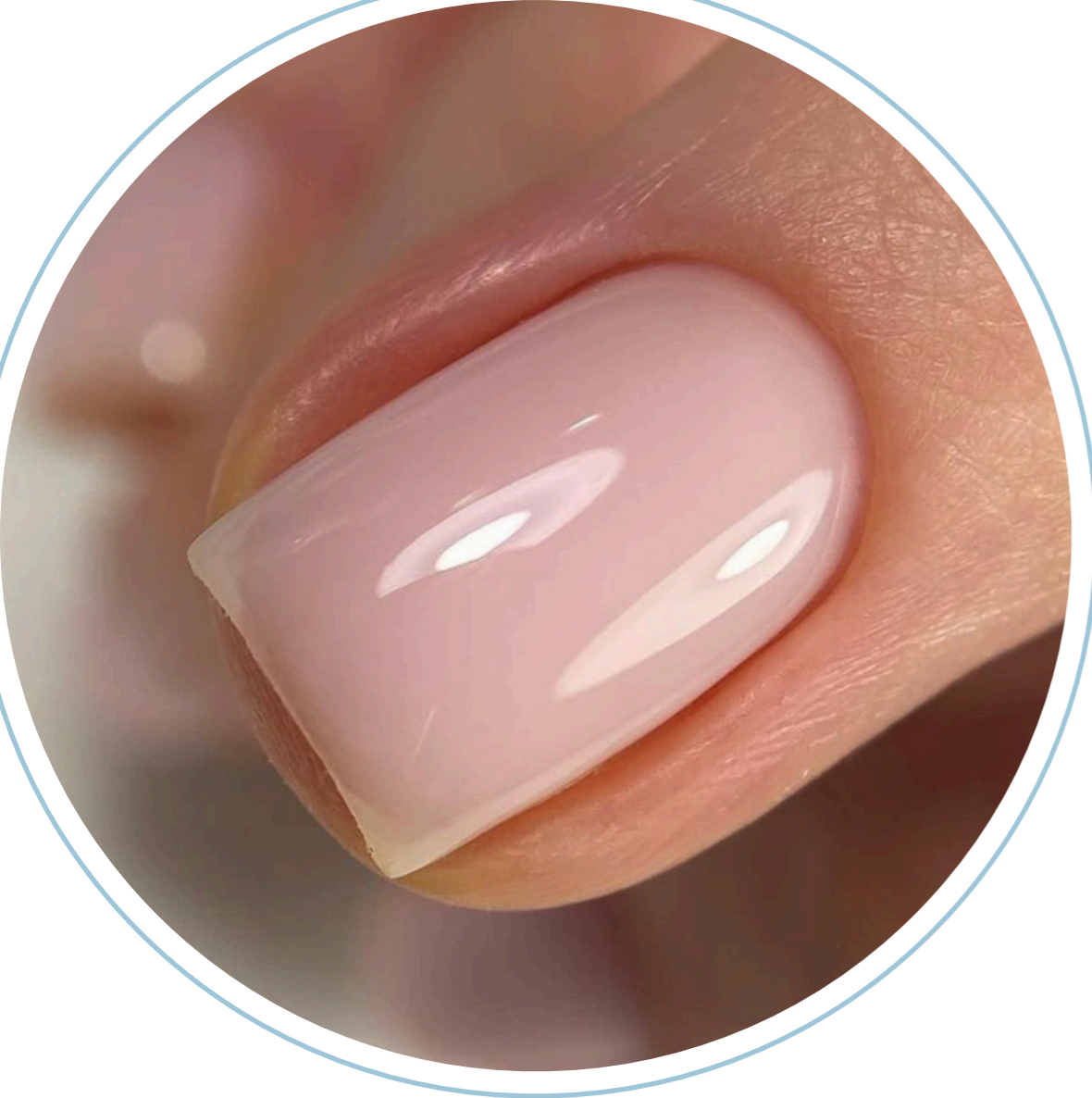
Online/Offline course £700 (the amount can be split into 3 instalments)

Deposit £100

What I need to bring to the course?

Notebook, pens, student book and a lunch. (We do have a shop near us if necessary)





Can I pay in Instalments?

Yes we offer three options which you can choose from to comfortably finance your course. You can instantly start the course after your first payment and then finance the rest later on with one of the three option:

- 01** The first option is paying the total in full at the start of the course. This means you won't have anything extra to pay, unless you also opt for practical days in our academy.
- 02** 3 Payments of £117 / month
- 03** 12 Payments of £30 / 1 Week

How to Enrol?

Websites

www.naetika4u.com

<https://www.naetika4u.co.uk/academy>

WhatsApp

+447878780231

Facebook

<https://www.facebook.com/naetikaacademy/>

Instagram

Naetika_academy