

# PEDICURE DIPLOMA

Fundamental knowledge course

Naetika Academy



## Features

<b>Ideal For Everyone</b>	Perfect for beginners or experienced therapists
<b>Classroom Training</b>	2 days theoretical & practical training
<b>Course Time</b>	10am - 6pm
<b>Legalisation</b>	Accredited course. Get insurance to work in a salon or start your own business
<b>After course support</b>	6 months
<b>Equipment Needed</b>	You will use our products and equipment!
<b>Price</b>	£400



# WHY THIS COURSE?:

Our Award Winning **Pedicure Course** includes tuition on the Standard, Luxury SPA and Waterless Express procedures that ensure you have the very best qualification to start your own business or gain employment in a salon.

This course will teach you all the techniques required to offer a luxury pedicure service to your clients. You will learn how to correctly shape the nail, safe & neat cuticle treatment, treatment of hard skin, relaxing massage techniques and flawless application of polish.

Pedicure treatments are a great upsell to an existing client base and a must do treatment for all nail technicians and therapists as clients prefer to go to one therapist to have both their nails and feet treated.

## Start your own business

There are 340 million client visits across the industry each year. It's now your time to start your business!

## Earn extra money

If you're looking to make some extra money this is a great way to create residual income.

## Be your own boss

Has it always been a dream of yours to start your own beauty business? Well now with our fundamental course you can. Once you complete the course you will achieve a Diploma ABT Accredited Certificate allowing you to gain professional insurance.



SALON & NAIL ACADEMY

QUALIFIED | VALIDATED | VERIFIED

01789 773 573 | [www.abtinsurance.co.uk](http://www.abtinsurance.co.uk)



## Kit Contents (Optional)

During your classroom training you will use our stock & equipment however if you wish to purchase a kit for home/client use we have put together this bespoke kit:



### PRO Tool Kit & PRO Products Kit:

Everything you need for your course and to start your own business.

**Professional Quality:** We only supply professional branded tools & products.

**Best Price:** Our relationships with industry suppliers, ensures great prices!



# What will I learn?

## Module 1: Foundation

### Personal Standards and Practice

In this unit you will learn the importance of personal standards and what is expected of you as a professional working within the industry.

### Hygiene

In this unit you will learn the basic hygiene rules to be followed, how to prevent cross infection and contamination, contagious skin condition, what sanitisation and sterilisation are and what methods to use

Module of Sterilisation & Disinfection will be available on our modern learning platform: [www.naetika4u.com](http://www.naetika4u.com)

### Effective Communication with Clients

In this unit you will learn about customer and client care, how to build relationships with clients, how to effectively communicate with clients and deal with client dissatisfaction. We will also cover client consultation & customer record card which is an important aspect for all professionals.

### Preparation of the Work Area

In this unit you will learn how to create a comfortable and professional work area covering the four basic principles.

### Health & Safety Legislations

In this unit you will learn how to take care of all those who are within your workplace as well as the latest health and safety legislation to ensure you are working with compliance and in safety.

## Module 2: Anatomy and Physiology - Nails

### Structure of the Nail

In this unit you will learn the factors which affect the nail growth (internal and external) as well as the structure of the nail itself and the function of each part.

### Structure of the Nail

#### Skin Types & Skin Structure

In this unit you will learn the main skin types, the functions of the skin, the structure of the skin and the functions of each layer.

### Bones

In this unit you will learn of the main bones.

## Module 3: Nail and Skin Healthcare

### Skin Diseases / Disorders

In this unit you will learn the five most common skin diseases and disorders as well as what a contra-indication is.

### Nail Diseases

In this unit you will learn the six most common nail diseases and be able to confidently identify them.

### Nail Disorders

In this unit you will learn the twelve most common nail disorders and be able to confidently identify them.

## Module 4: Pedicure

### Preparation & Products

In this unit you will learn the different pedicure treatments, products and equipment, specific consultation points as well as preparation of the client and work area.

### Treatment Techniques

In this unit you will learn the importance of correct nail shape, how to file professionally, cuticle work, specialised treatments to be used in a luxury pedicure, the benefits of massaging, massage movements and correct polish application.

### Pedicure Procedure

In this unit you will learn the correct procedure for a luxury pedicure and massage routine.

### Contra-Actions & Aftercare

## Day 1

10am - 12:30pm: theory  
12:30pm - 1pm: lunchtime

1pm - 2:30pm: theory & practice on fruits & plastic tips  
2:30pm - 3pm: getting ready for practical work on models

3pm - 5pm: Luxury SPA Pedicure practice on models  
5pm - 6pm: Q&A

## Day 2

10am - 12:30pm: theory  
12:30pm - 1pm: lunchtime

1pm - 2:30pm: theory & practice on fruits & plastic tips  
2:30pm - 3pm: getting ready for practical work on models

3pm - 5pm: Waterless Express Pedicure practice on models  
5pm - 6pm: Q&A





## FAQ:

### IS A KIT REQUIRED FOR THIS COURSE?

For the majority of our courses during the practical training day you will work with the college training stock, equipment and products so no kit is required to attend the courses. However we do recommend you purchase a starter kit from us for home/client use. You can purchase a kit at any-time either online or by contacting us.

### WHERE CAN I PURCHASE THE TOOL OR PRODUCT KIT?

[www.naetika4u.co.uk](http://www.naetika4u.co.uk)

### WILL I GET A CERTIFICATE AFTER COMPLETING THIS COURSE?

Yes, on successful completion of this course you will be awarded an Accredited Diploma Certificate allowing you to gain professional insurance to work on the paying public.

### WHO ARE THE TUTOR?

Natalja Solomina. All our educators have been hand picked, have vast industry experience as well as full teaching qualifications to ensure you have the very best education from your Naetika course.

### HOW OLD DO I HAVE TO BE IN ORDER TO ATTEND THIS COURSE?

This course can be attended by any students of 16+ years.

### WILL I NEED TO BRING MY MODEL?

Yes, if you wish to do so. However this is not necessary as the academy already provides models if it is possible to do so.

# ACCREDITED DIPLOMA CERTIFICATE

Purchase Naetika Pedicure Fundamental knowledge course to achieve your own **ACCREDITED diploma** certificate allowing you (if you wish) to obtain professional insurance.

Enrol now and achieve an ACCREDITED new skill.

Proudly share your new skill with employers, friends and colleagues  
Start your own business with professional insurance





## HOW TO ENROLL?

Contact Natalja Solomina or Naetika Academy.

### Website:

<https://www.naetika4u.co.uk/academy>

### INSTAGRAM:

- Nataljasolomina.kart\_uk
- Naetika\_academy

### FACEBOOK:

- <https://www.facebook.com/n.solomina2>
- <https://www.facebook.com/naetikaacademy/>

### WhatsApp:

- 07462690966

